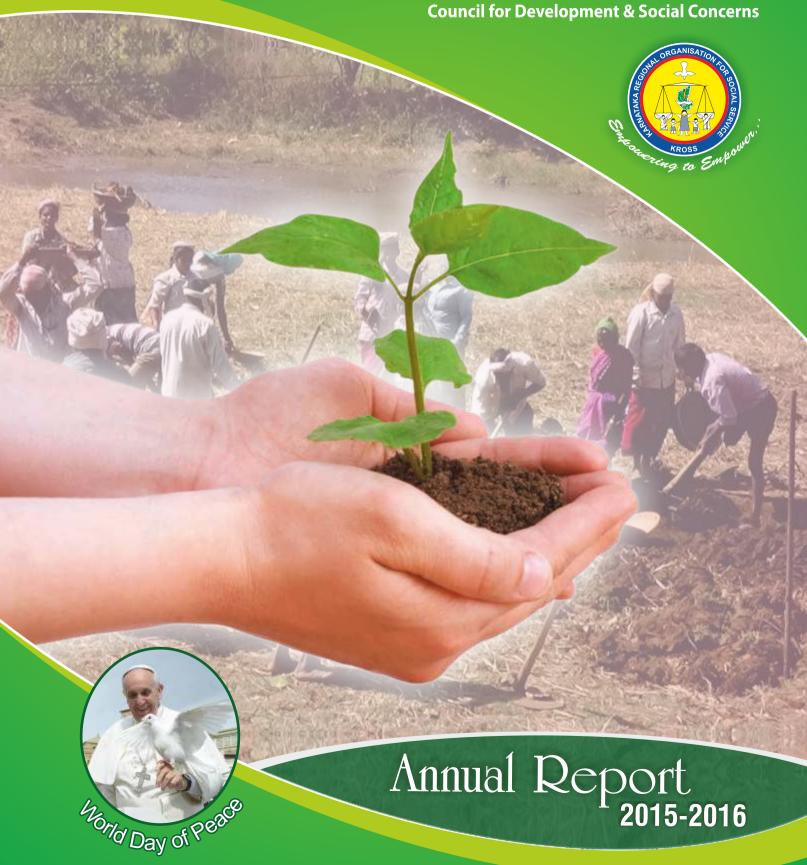
# Karnataka Regional Organisation for Social Service (KROSS)\*

\* The official organisation of Karnataka Region Catholic Bishops'
Council for Development & Social Concerns



# CONTENTS

1.	President Speaks	3
2.	From The Director's Desk	4
3.	About the Organisation	5
4.	Approach & Programmes	6
5.	Our Board and Office Bearers	7
6.	Ongoing Programmes	8-17
7.	Our Partner Organisations	18-33
8.	Some of our Publications	34
9.	Audit Report	35

## FORMER DIRECTORS OF KROSS

Name	From	То
Rev. Fr. Arthur Periera	1983	1984
Late Rev. Fr. Albert Saleema	1984	May, 1986
Rev. Fr. Becket D'souza	June, 1986	June, 1990
Rev. Fr. Arthur Periera	July, 1990	July, 1991
Rev. Fr. Ambrose Fernandes	August, 1991	27.10.1993
Rev. Fr. Denis Menezes	28.10.1993	16.06.1999
Rev. Fr. Becket D'souza	17.06.1999	04.06.2009
Rev. Fr. Peter Brank	05.06.2009	06.05.2015





### "MOVING FORWARD WITH A PURPOSE"

As Karnataka Regional Organization for Social Service (KROSS) steps into its 33<sup>rd</sup> year, it gives me immense joy to reflect on the varied roles adopted by KROSS to build a society based on Justice, Peace and Equality while ensuring ecological harmony.

KROSS and its consortium of 14 Diocesan Partners have adapted effective & innovative systems and rights based approach to social development to address these issues that can make an enormous difference in the lives of the marginalized community.

Here, it would be prudent to ponder for a minute on the drought situation in our State for the past couple of years which is not village specific but affects people across all classes. We have to work hand in hand with the authorities for just distribution of water as certain crops are water guzzlers and if the authorities step in and make an effort to educate the rich land holders to invest in crops that need very little water, this resource can be shared by one and all besides making food grains more affordable. Drought is synonymous with climate change due to which rain has become unseasonable. If we are to build ecological harmony, then it is our responsibility to take up the issue with the authorities at the District/State level so that minimum harm is done to the environment. We must also educate and create awareness on water harvesting besides taking up scientific rejuvenation of lakes and ponds so that the lost ground water table is recharged. This task is challenging but unless we take up the onus, the future generation may be witnesses to a parched earth.

KROSS in its journey has been ably supported by the Governing Board/Body Members who have been very vocal with their suggestions and comments. I thank each one of them for their support and understanding which has helped KROSS to be on a firm track.

Without the generous contribution of our National & International Donors, State & Central Government support and well-wishers it would not have been possible to put in three decades plus of service to reach out to the most marginalized communities.

My sincere thanks to the 14 Diocesan Social Work Directors and their Staff without whom the programs could not have succeeded.

I highly appreciate the service rendered by KROSS Director & Staff as they are the guiding force to the 14 Diocesan Partner Organizations.

Rt. Rev. Dr. Gerald Lobo

President – KROSS & Bishop of Udupi



# From the Director's Desk...



### "The abuse of Women and Girls is the most pervasive and unaddressed Human Rights violation on earth"

India has 2 million NGOs (i.e. 1 NGO for 600 population) and along with a few selected states, Karnataka shares the lion's share. NGOs work on a broad scale of activities but it is very safe to presume that the entire NGO community works for safeguarding human privileges. If so, why is there a failure in preventing violence and atrocities against women? The chief Minister of Karnataka lamented that it is disturbing to note that the cases of violence and atrocities against women and girls are increasing and said comprehensive measures will be taken to put an end to this. It is time now to ascertain whether this continuing trend is due to ingrained custom and tradition or is it failure in creating awareness, educating and empowering the women to stand up and voice the endless miseries they go through. Unless and until, the women report all form of abuse, including domestic violence, see that proper FIRs are filed and ensure that percentage of convictions increases manifold then only could this abuse discontinue. Violence against women is never acceptable, tolerable or excusable and hence we have to do our bit to ensure that the future of our women and girls is bright, equal, safe and rewarding. Even though they make up half the population, women and girls have endured discrimination in society for thousands of years. In the past, women were treated as property of their husbands or fathers - they couldn't own land, they couldn't vote or go to school, and were subject to beatings and abuse and could do nothing about it. Over the last hundred years, much progress has been made to bring women on par with men around the world, but still much more needs to be done so that people enjoy their entitlement.

It is now the right time for us to chalk out a strategy that can bring about a sustained change in the lives of the women to achieve gender parity by:

- Working with the powers to be to create an environment through positive and social policies for all round development of women.
- By ensuring that by right, women enjoy all privileges and fundamental freedom on equal basis with men in all spheres, i.e., political, economic, social, cultural and civil.
- Equal access to participation in decision making, health care, quality education, employment, equal remuneration and public office.
- Strengthening legal system aimed at elimination of all forms of discrimination against women and changing societal attitudes towards women.
- Building and strengthening partnership with civil society, particularly women's organizations and mainstreaming gender perspective in the development process.

KROSS acknowledges with deep gratitude the concern and support of our National and International Donors, Central & State Government, well-wishers and friends which enabled KROSS and its 14 partners, the Diocesan Social Service Societies to put in their best efforts to reach out to the least of its brethren.

The guidance and inspiration of the Karnataka Region Catholic Bishops' Council under the astute Chairmanship of Most Rev. Dr. Bernard Moras, Archbishop of Bangalore, Rt. Rev. Dr. Gerald Lobo, President, KROSS, Rt. Rev. Thomas Vazhapilly, Vice-President, KROSS and Members of KROSS Governing Board/Body is highly appreciated. Our 14 partner organizations and their staff who are instrumental in implementing the programs have been of great assistance and we are grateful to them. The staff members of KROSS have always strived to give their best and their contribution is valued.

KROSS with your support and cooperation will keep marching ahead.



Fr. Sebastian Fernandes
Director, KROSS

# ABOUT THE ORGANISATION

**KROSS** was established in 1983 and was registered in the year 1989 under Registration of Societies Act 1960 bearing No. 115/89-90 and has 80G and 12A Tax exemption under Income Tax Act 1961. KROSS is also registered under Ministry of Home Affairs under Foreign Contribution Regulation Act (FCRA).

**KROSS** with its 14 member organizations renders Social & Humanitarian Services among 8,25,000 poor people in more than 4460 villages of Karnataka especially in the areas of Women Empowerment, Health, Community Resilience to HIV/AIDS, Mitigating Malnourishment among children and women Promotion of Child Rights, Good Governance at grassroots, Natural Resource Management & promoting Agrarian Activities, Renewable Energy Options and Capacity Building of Development Organizations through training, workshops knowledge sharing and reach out to the most marginalized communities without discriminating on the basis of caste, creed, race, gender.



A society based on Justice, Peace, Equality and Ecological Harmony.



To be a quality Resource Organization by engaging with development actors to facilitate accountability in upholding the dignity and rights of the most marginalized communities through research, knowledge exchange, capacity enhancement and collaborative social action to achieve sustainable development.



Our Goal is to actively participate in achieving the UN's Millennium Development Goals in partnership with member - organizations, sponsors, Government Departments, other like-minded NGOs, institutions and individuals.



- Practicing and promoting the core values of Justice, Peace, Equality, Ecological Harmony and holistic development of the poor and marginalized.
- Upholding and protecting the dignity of every human being.
- Recognizing that the human person is central to all development interventions.
- Developing people's capacity to grow and enjoy improved quality of life.
- Enabling people to take ownership for their own holistic development.
- Building and promoting a sustainable and integrated development model.

# THRUST AREAS

- Women's Rights Gender
- Child Rights
- ❖ Natural Resource Management
- Health:
- Reducing incidence of HIV/AIDS
- Mitigating Malnourishment

- Promotion of Good Governance at all levels
- Community Managed Disaster Risk Reduction (CMDRR)
- Capacity Building of individuals and institutions
- Livelihood Rights





- Rights-Based: Enlightening people about their rights and entitlements.
- Cost effective: Effective utilization of organizational resources.
- \* **Results Based:** To ensure desired results are achieved within the time lines.
- **Gender sensitive:** Cross cutting agenda starting from staffing, infrastructure, human resource etc.
- **Environmental sensitive:** Being sensitive towards nature and environmental issues.
- ❖ **Partnership centered:**Involving the stake holders/focused groups in their own integrated development by facilitating and Hand holding.
- Integrated: All the interventions to be in holistic manner in collaboration with Government agencies and others.

# PROGRAMMES

- Organizational Development & Capacity Building
- Combating HIV/AIDS and other diseases
- Women Empowerment Programme
- Career Advancement Programme (CAP)
- ❖ Achieving Universal Primary Education
- Ensuring environmental sustainability & natural resource management
- Good governance at grassroots
- Sustainable Livelihood Promotion through Micro enterprises
- Reducing Child Mortality & Improving Maternal Health
- Mitigating Malnourishment among children, adoloscent and women.





### **OUR BOARD AND OFFICE BEARERS**



Rt. Rev.Dr. Gerald Lobo, D.D., D.S.W (Canada)
PRESIDENT
Bishop of Udupi



Rev. Fr. Sebastian Fernandes, MSW DIRECTOR/SECRETARY/TREASURER



Rt. Rev. Thomas Vazhapilly, D.D, S.Th.D.,
VICE-PRESIDENT
Bishop of Mysuru

### MEMBERS OF THE BOARD

### **Prof. Rita Noronha**

Director

Centre for Development Studies & Education Kudupu, Mangalore.

### Ms. Mary Suma

Sarvodaya Organization for Social Works, Kadrimidri, Malalur Post, Chikmagalur - 577 133

### Rev. Fr. Jacob Anthony

Director

Belgaum Diocesan Social Service Society (BDSSS), SEVALAYA, Da Ra Bendre Road, Sadankeri, Dharwad – 580 008

### Rev. Fr. Santhosh Bapu

Director-Seva Sangama

Kripalaya-Bishop's House, Jevargi Road,

Kotnoor D Village, Nandikoor, Gulbarga - 585 102

### Rev. Fr. Chourappa Yeraboi

Director

Ballary Diocesan Development Society (BDDS) Infantry Road, Cantonment, Bellary - 583 104

### Sr. Irene Thereese Lobo

Deepalaya, 1-867/65,SF-4, Paradise Residency, Venkatesh Nagar, Gulbarga - 585 102

### Rev. Fr. Kuriakose Kunnath

Director

Jyothir Vikasa Social Service Society (JVSSS) Kalenahalli P.O., Mandya - 570 402

### Rev. Fr. Jose Ayamkudy

Director

Dakshina Kannada Rural Development society (DKRDS) P. O. Belthangady – 574 214. D. K., Karnataka

### Mr. Robinson D'Souza, KAS, (Retd.)

Former Principal Secretary - Law, Govt.of Karnataka, "SONA", # 972, 2nd stage, 3rd Block, 3rd Phase, Bangalore - 560 085

### Mr. Anthony Mendonca, KAS (Retd.)

Personal Secretary to the Minister for Minor Irrigation. # 279, II A Main, First Phase, Girinagar, Bangalore - 560 085

### Rev. Fr. John Kunnathethu

Director

Karnataka Integrated Development Society (KIDS) P.B.No.23, Bannur, Puttur D.K.574 201

### Dr. Isabella Selvaraj Xavier

Sadhana Women & Children Welfare Society, South India Human Rights Centre, Tejashwi Nagar, Last Stop, Last Cross, DHARWAD-580 002



### Rev. Fr. Stany Almeida

Director

Organization for Development of People (ODP)
"Pragathi", Bannimantap "B" Layout, Mysore - 570 015

### Dr. J. Alexander, I.A.S. (Retd.)

Former Chief Secretary & Ex-Minister, Govt. of Karnataka, No. 507, Chinmaiah Mission, Hospital Road, Indiranagar, Bangalore-560 038

### **Rev. Fr. Oswald Monteiro**

Director

Canara Organization Development and Peace (CODP) Kadri Hill, Nanthoor, Bejai P.O, Mangalore - 575 004

### Rev. Fr. Amarnath Dinesh Roy

**Incharge Director** 

Bangalore Multipurpose Social Service Society (BMSSS) P.B.No.4626, No.5, Nandidurg Road, Bangalore - 560 046

### **Rev. Fr. Marcel Pinto**

Director

Chikmagalore Multipurpose Social Service Society (CMSSS) Seva Samasthe, B.Kathihalli, Arsikere Road, Hassan - 573 201

### Rev. Fr. Veeresh Moras

Director

Shimoga Multipurpose Social Service Society (SMSSS) Sacred Heart Cathedral Compound, Shimoga - 577 201

### Rev. Fr. Justin D'Souza

Director

Karwar Diocesan Development Council (KDDC) Bishop's House, Karwar – 581 302. North Karnataka.

### Mrs. Caroline Jerry Fernandes

Gandhinagar 4th Cross, N.H.17, Kumta, Uttara Kannada Dist.

### Mr. F. Joseph Stanley

**Deputy Director** 

Skills for Progress(SKIP)

No.42, Stephen's Road, Frazer town, Bangalore - 560 005

### **Rev. Fr. Vinod Chennackatukunnel**

Director

Malnad Social Service Society (MSSS) St. Joseph's Church, Sagar Road, Shimoga - 577 204

### Dr. Maya Mascarenhas

#001, Maria Melodie, 14 High Street, Cooke Town, Bangalore - 560 005

### Rev. Fr. Reginald Pinto

Director

SAMPADA, Bishop's House, Mother of Sorrows Church Udupi P.O.- Pin - 576 101

### We declare that:

- None of the Board Members are related by blood
- No remuneration is paid to any Board Member
- No Board Member has travelled abroad at the cost of the Organization





### **GENDER-WISE STAFF SALARY**

Slab of gross monthly salary (in Rs.)	Male Staff	Female Staff	Total Staff
5001-10000	5	0	5
10001-25000	4	6	10
25001-35000	1	0	1



### **AUDITORS / CONSULTANTS**

M/S. Philippose & Co., Auditors

Mr. Roy D'Silva, Advocate

Mr. Rupert Rosario, Advocate



### **ONGOING PROGRAMMES**



### 1. ORGANIZATIONAL DEVELOPMENT & CAPACITY BUILDING

### 1.1 KAUSHALYA - Capacity enhancement of Community Based Leaders

The aim of the project is to identify, capacitate and empower at least 1000 committed Trainers who in turn facilitate trainings at various levels and mobilize communities to become agents of social change. The planned project aims to capacitate at least 500 women (50%) from Partner NGOs in the state to be trainers who will play a key role in the community mobilization process to demand for basic Human Rights. It will equip Trainers with adequate analytical skills and ability to understand people's rights in-depth, build propoor / marginalised people's perspective and prepare the people as community leaders who will stand up for basic rights and claim justice, equality and their legitimate rights. Through the numerous trainings, it is planned to bring in the following changes:



- Capacitate the local leaders to identify issues that are concerning the development of their community.
- Analyse the same and use the rights based approach to claim the rights and entitlements of the people.
- \* Empower the able leaders who will in turn are able to motivate many others to be a part of the process of social transformation.
- Create a Resource Team in the region to take forward the processes, issues and development of the rural communities.

SI. No.	Subject of Training	No. of Participants	No. of Organisation Represented
1.	Organization Development – Systems Building	30	6
2.	Preparation of District Level Women's Federation Bye-laws.	48	13
3.	Facilitation Skills to Trainers	42	15
4.	Human Rights Perspective post - 2015	40	15
5.	Corporate Social Responsibility	42	15
6.	Right to Information, Right to Education, Right to Food &	40	11
	Consumer Rights Protection		
7.	Right to Education & Right to Information	70	32
8.	Rights Based Approach to Integrated Development	45	10
9.	Farming Issues	160	13
10.	Personality Development	52	10
11.	Global Warming & Climate Change	42	12
12.	Strengthening of Panchayat raj Institution	155	68
13.	PME, PCM & Result Based Management	40	10





During the reporting year **806 participants from 230 different organizations have benefitted from the training** who will be catalyst in training many more people at the grass roots level thereby bringing in the much needed social change to benefit the most marginalized community.



### 1.2 PRACHODAN – Stimulating knowhow among Community Based Leaders

KROSS aims to tingle the minds of the Community Based Leaders so that they introspect and reflect on the social issues that co-exist due to exploitative systems & structures or due to inherent traditions and customs and if we need to do away with these the only way out is to capacitate and skill the various stake holders, make them work in collaboration with other rights based organizations and ensure that the authorities provide the rights and entitlements to the people. Through the numerous trainings, it is planned to bring in the following changes:

- ❖ To bring together various stake holders to create an issue based platform;
- To have trained Trainers at grass roots who would assist the community in building a network for advocacy & lobby;
- ❖ To make the community aware of their rights and carry on their struggle on a rights based approach;
- ❖ To make the community give up caste / creed prejudice and live together in peace and maintain communal harmony.

SI. No.	Subject of Training	No. of Participants	No. of Organisation Represented
1.	Socio-cultural analysis of Indian Society	60	26
2.	Right to Food	63	16
3.	Right to Livelihood	60	11
4.	Panchayat Raj Institution	80	60
5.	Forest Dwellers' Act (Zonal Level)	215	Locals
6.	Global Warming & Climate Change	65	12
7.	Child Rights & Right to Education	78	67
8.	Good Governance (Zonal Level)	70	15
9.	Good Governance	72	15





The training has benefitted 763 participants representing 222 organizations (plus locals from one taluk) who can now disseminate information at the grass roots level to enable the community to take up the issues affecting them and seek a solution.



### 2. HANDHOLDING SUPPORT TO ORGANIZATIONS

KROSS and its partners, the Diocesan Social Service Societies were able to bring in change at the grassroots level to help the most marginalized communities claim their rights and entitlements but still KROSS and its partners had to learn to read the signs of time and ably respond by being professionals and not lag behind other professional counterparts. Hence every effort had to be put in to steer all of us in the right direction for which committed professionals, dynamic individuals with creative and innovative thinking capabilities had to be shaped so that their presence would make a marked difference on the external stakeholders leading to demand for professional services of its staff for providing logistic support to upcoming organizations. The outcome expected is:

KROSS and its partners respond positively to social development issues. The core competencies of KROSS and its partners is used by external stakeholders. A full-fledged resource centre operates at KROSS facilitating professional support to social development organizations

SI. No.	Subject of Training	No. of Participants	No. of Organisation Represented
1.	Facilitation Skills to Trainers	18	10
2.	Policy Formulation for the DSSSs	16	4
3.	PCM, PME and Result based Management	31	15
4.	CSR & Local Resource Mobilization	16	15







The Joint Resource Team developed by KROSS and its partners are today invited by other social development organizations to facilitate training and provide needed inputs



### 3. WOMEN EMPOWERMENT PROGRAMME

KROSS initiated a Women Empowerment Program a decade and a half back with the sole intention to increase and improve the social, economic, political and legal strength of women so as to ensure equal rights to women and make them confident to claim their entitlements and live a life with a sense of self-worth, respect and dignity. The underlying notion has been that a woman has complete control of her life, makes her own decisions, has equal rights to participation, social & economic justice, gets equal opportunity for education, employment and have her voice heard. To achieve this goal KROSS is working with its 14 Diocesan Social Service Partners for federating women Self Help Groups at 4 levels – Grass Root/Gram Panchayat Level, Taluk Level, District Level and State Level, so that women have forums to voice their grievances, participate and influence in decision making process. In view of this regular trainings and orientation sessions are organised to the members of SHGs and to the staff committed for the empowerment of women.

### Results

- 37500 women are members of 2529 Self Help Groups
- ❖ 164 Panchayat Level, 17 Taluk Level and 3 District Level federations are formed
- ❖ 8890 families have availed basic amenities worth Rs.520,41,940.00
- Besides the above Rs.515,39,253.00 has been tapped under various schemes like Pension (Old age, Widow & Physically Handicapped), Bhagyalaxmi, SwasthyaBhimaYojane, Maternity Benefits, Sandhya Suraksha, LPG, Health Schemes, etc.
- During the year 13159 women were engaged in Income Generating Activities -6749 women in Micro Enterprises & 6410 in Agro based activities.
- 4411 people took up work under MGNREGA and earned wages of Rs.93,78,750.00
- ❖ 4000 women leaders have gained knowledge on PRI and enhanced their leadership/decision making skills and actively participate in Gram Sabha/Ward/Jamabhandhi meetings





Sl. No.	Description	Nos.	Amount
1.	Drinking Water Facility	-	18,44,100.00
2.	Houses	409	225,56,600.00
3.	Houses (Indira AwaasYojane)	40	40,68,600.00
4.	Houses Repaired	22	2,49,000.00
5.	Street Lights	-	98,640.00
6.	Road Repair	-	10,15,000.00
7.	Cow Shed Construction	-	6,79,000.00
8.	Toilets (Nirmal Bharat Abhiyan)	1343	152,46,500.00
9.	Toilets (Swach Bharat Mission)	409	40,91,000.00
10.	Drainage Construction	-	21,93,500.00
		Total	520,41,940.00



### 4. CAREER ADVANCEMENT PROGRAM (CAP)

The Karnataka Region Catholic Bishops Council dream of bringing in probity in public life gave birth to the Career Advancement Program (CAP) and the onus was given to KROSS to conduct this program with the sole aim of motivating the rural youth and others with poor economic background with the required coaching so that they could compete in KPSC and UPSC exam. The candidates passing out would be gainfully employed and own responsibility to bring in transparency and provide social justice to the marginalized and deprived section of the society.

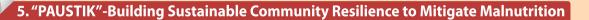




### **ACHIEVEMENTS**

- ❖ Ms Freeda Fernandes from Chikmagalur has cleared: Staff Selection Commission Main Exam and secured a job in Central Govt., KAS Main Exam, KPSC, FDA Exam, Intelligence Bureau written exam.
- Mr. Vipin Paul from Bangalore has cleared All India Competitive Exam & Interview to enter the Defense Research & Development Organization.
- Ms Shalini Kadavil from Bangalore has cleared Intelligence Bureau written exam
- Ms Pooja Vincia D'souza has cleared All India Competitive Exam & Interview to enter the Tata Institute of Social Sciences.
- 27 students have cleared KAS preliminary exam.
- Ms Reema Rodrigues from Mangalore cleared Medical Personnel Exam and secured job in Bangalore Medical College.
- Ms Ann Zachariah & Ms Harshada Kiran Das of Bangalore have cleared UPSC Preliminary Exam.
- Ms Maria Rita Sequeira from Udupi secured employment as Assistant Engineer in Mangalore Refinery & Petrochemcials Limited.
- Ms Joylin Fernandes from Udupi has cleared Air Force Common Admission written exam for Group 'A' officers.
- Mr. John P. J. from Bhadravathi secured job as Sub Inspector of Excise.
- ❖ Mr. Arul Preetham D'souza from Shimoga secured job in Karnataka State Reserve Police.
- Mr. Arun Joy from Bangalore and Mr. Mathew Princeton Carlo from Mangalore received scholarship to prepare for UPSC exams at Delhi.
- ❖ Ms Leena Nancy B from Bangalore secured employment as Researcher & Analyst in Biocon, Bangalore.
- Mr. J. Joel from Mysore secured job as Video Editor in "The Indian Express".
- Mr. Winston D'souza from Karwar secured employment as Researcher & Analyst in Medical Equipment Manufacturing & Technology Company.
- Mr. Prajwal Nelson Miranda secured job as Assistant Engineer in Bangalore Electric Supply Company.
- Ms Rashmi Mayola Peres from Mangalore has cleared KPSC, SDA and SSC-CGL exams.





KROSS initiated the program "PAUSTIK" - Building Sustainable Community Resilience to Mitigate Malnutrition among the children, adolescent girls, pregnant women and lactating mothers in 174 villages of North Karnataka through its 3 Operating Partners, BDDS-Bellary, Seva Sangama-Gulbarga & BDSSS-Dharwad.

To ensure better community participation KROSS initiated enhancing of knowledge through training, rally, street play and essay competition for High School children. We closely work in collaboration with Civil Society Organizations, Gram Panchayats, Schools, Anganwadis, Primary Health Centres, Asha Workers, Government departments and other stake holders.

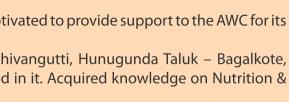
During the course of our intervention, it is noticed that malnourished children are not from families which have less food but are children born to anemic women or those who had low birth weight or not properly breast fed. Hence pregnant women and lactating mothers are counselled and awareness is created among them.

### Results

- ❖ We have identified 497 undernourished children and out of which 169 who are grade III (Severely Acutely Malnourished) have been referred to Nutrition Rehabilitation Centre.
- ❖ 7449 adolescent girls are counselled and linked to `Sneha Clinic'
- ❖ 3017 pregnant women are oriented on safe pregnancy and child birth.
- 2873 Lactating women are educated on breast feeding within an hour of birth (the importance of colostrum explained), exclusive breast-feeding for the first six months and adequate and timely complementary feeding after 6 months while continuing to breast feed which is critical for child's growth.
- The 267 Anganwadis functioning in our operational area follow guidelines of ICDS and weigh & record growth chart of the children every month.
- In 32 Anganwadi Centres, the Bala Vikasa Samiti was motivated to provide support to the AWC for its day to day functioning.
- ❖ A Paustik (nutrition) mela was organized at Chikka Shivangutti, Hunugunda Taluk Bagalkote, supported by the community. 300 women participated in it. Acquired knowledge on Nutrition & child care.
- In 3 schools, Nutrition skit troupe of 9 students each is formed and they have performed in 60 villages during weekends and holidays covering 9000 people.
- In 67 villages, children below 5 years are 100 per cent immunized.









### Continuous effort, persistence & determination will win

Mrs. Sangamma & Mr. Shekarappa residents of Bijanwadagi Gram Panchayat of Hunugunda taluk, Bagalkote District who live below poverty line have two children, a boy aged 6 years and a girl, Akshata aged 4 years. During the routine visit of our outreach workers on 28.09.2015, they noticed that this girl child was sitting listless and could not walk. On enquiry and checking the child's health card it was seen that she was weighing only 9 kgs. and was experiencing recurrent bouts of diarrhea and acute respiratory infection. Further it was found that the mother had stopped breast feeding when the child was four months old and incomplete immunization leading to malnutrition.

Both the parents are daily wage earners and the father is an alcoholic. The mother is afraid to take the child to the Government Hospital which is 10 kms. away as she will lose her one day's wages which she badly needs to feed the family as the husband splurges all his earnings on liquor and they do not even possess a Below Poverty Line Ration Card.

The outreach worker met the parents and briefed them about the consequences if they prolonged the treatment to the child. The outreach worker did not give up but kept on motivating the parents and finally the parents agreed to send their daughter Akshata to Nutrition Rehabilitation Centre, Balasanjeevini Clinic. The mother and the child attended the 4 weeks rehabilitation course at the centre. Akshata responded positively for the treatment and is recovering well. She is also enrolled in the Anganwadi and provided supplementary nutrition supplied by ICDS. At present she is 14 K.G. and is participating in all the activities conducted for the children at the Anganwadi.



### 6. ENSURING ENVIRONMENTAL SUSTAINABILITY & NATURAL RESOURCE MANAGEMENT

### **6.1 RENEWABLE ENERGY OPTIONS**

To live in 'Harmony with Nature' is the vision of KROSS and to this end KROSS has taken up the onus of creating awareness and educating people that "Human beings are an inseparable part of nature, and that

they cannot damage it without severely damaging themselves". Keeping this object in mind, KROSS initiated a program with the support of Manos Unidas, Spain to provide 'Sarala Cooking Stoves' and 'Solar Lanterns' to the rural poor in Karnataka.

### **Achievement**

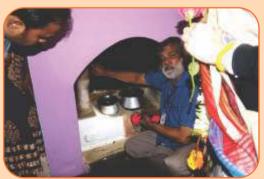
- 1. 2200 families provided with Sarala Cooking Stoves.
- 2. 2200 families provided with Solar Lanterns.

### Results

The drudgery of Women and Children from 2200 families is reduced as they have to fetch very less firewood for cooking thus saving the forest resource.

Household activity and Children's study continues even when there is power failure in the houses of 2200 families.

People from 250 villages have been educated and made aware of using eco-friendly methods for cooking and lighting through renewable energy sources.





### 6.2 SUPPORT TO TRAINING & EMPLOYMENT PROGRAM (STEP)

To empower the rural women and alleviate poverty, the Ministry of Women & Child Development, Government of India initiated the STEP program and KROSS took up the initiative to implement this program in 4 districts of Karnataka with the support of its Diocesan Partners. The objectives of the program were:

- 1. Provide training for skill up gradation to 1400 rural women farmers.
- 2. Mobilizing women in small viable groups, training them and providing access to credit.
- 3. Enabling the rural women to take up employment cum income generation activity through vegetable cultivation.



### Results

- 271 SHGs & 14 Cooperatives have been formed covering 111 villages.
- ❖ INR 45,64,087 has been saved and a loan of INR 16,74,319 has been availed.
- ❖ 103 Trainings conducted for skill upgrading of the rural women farmers.
- ❖ 20 beneficiaries have availed Houses under Ashraya Housing Scheme & 98 beneficiaries have constructed Toilets under Swach Bharat Abhiyan.
- ❖ 831 Women through vegetable cultivation have earned around Rs. 3,500 to Rs. 9,000 per month during the cropping period.



### 7. SUSTAINABLE LIVELIHOOD PROMOTION THROUGH MICRO ENTERPRISES

Over 35-40% of the rural population in India are unemployed or underemployed which is the primary cause of poverty. The members of the Self-help Groups promoted by KROSS and its 14 Diocesan Social Service Societies are provided entrepreneurship awareness programs, entrepreneurship development programs and skill development to motivate them to involve themselves in sustainable livelihood activities thereby moving a step towards poverty alleviation and make micro enterprise an important and integral component of sustainable livelihood program in rural India.

Income Generating Activities Started	Beneficiaries
<b>Trade</b> -Grocery Shop, General Store, Vegetable Selling, Fruit Selling	770
Animal Husbandry -Goat Rearing, Dairy Farming, Poultry	840
Service -Tailoring, Carpenter, Beautician, Paying Guest Facility	42
Total	1652







### **Results**

- Trained 2130 women for micro enterprise
- 1652 women have started micro enterprise
- Provided skill training for entrepreneurship
- Rs.2,45,00,000 was provided as micro credit during 2015-16
- Partnership established with various organizations to provide entrepreneurial inputs.





### A dream doesn't become reality through magic; it takes sweat, determination and hard work

Mrs. Hanumama hails from Asmadihala Village, Lingasur Taluk, Bellary District and she is a member of Shrasti Mahila Sangha. Prior to joining the SHG, her family was living in abject poverty and she was in utter desperation to make both ends meet. At this crucial juncture, she came in contact with the animators of Bellary Diocesan Social Service Society (BDDS) and through them became aware of the benefits of joining a self-help group and the dividends that she could reap. She with the concurrence of her family members joined Shrasti Mahila Sangha and went through numerous trainings and awareness programs building up her self-confidence and decided to avail a loan of Rs.15,000/- from KROSS to start a small business to sell dry chilli.

With the sanctioned amount, she proceeded to neighbouring Andhra Pradesh and procured dry chilli and started her business earning Rs.25 to Rs.30 profit on every kilogram sold. With the new found experience and confidence gained sheapproached the local bank for loan and was able to get a loan of Rs.50,000/- With this loan she purchased chilli in whole-sale and started putting up stalls in the villages of Lingasur Taluk on their market days. She started to earn good profit as she kept her profit margin low which yielded in more business volume earning quite handsomely. The profit she earned she invested in a small three wheeler van in which she could travel with her commodity from one village to another.

She is now able to support her family and fulfil their needs and she is able to make a net profit of Rs.8,000 to 9,000 monthly. The family is proud of her achievement and she in turn says she is grateful to BDDS, Bellary and KROSS for supporting her financially to start a Micro Enterprise and help her to be self reliant. She states that self-confidence and integrity are the keys to her success.





### **OUR SPREAD AREA**

4460 Villages | 1400 Gram Panchayats | 176 Taluks | 30 Districts in Karnataka and 1 District of Maharashtra & 1 District of Kerala

- Belgaum Diocesan Social Service Society (BDSSS), Dharwad
- ★ Chikmagalur Multipurpose Social Service Society (CMSSS), Hassan
- Bangalore Multipurpose Social Service Society (BMSSS), Bengaluru
- Jyothir Vikasa Social Service Society (JVSSS), Mandya
- Karnataka Integrated Development Society (KIDS), Puttur
- ★ Malnad Social Service Society (MSSS), Bhadravathy
- SAMPADA, Udupi
- ★ Dakshina Kannada Rural Development Society (DKRDS), Belthangady
- ★ Karwar Diocesan Development Council (KDDC), Karwar
- **★** Organization for Development of People (ODP), Mysore
- ★ Bellary Diocesan Development Society (BDDS), Bellary
- ★ Canara Organization for Development & Peace (CODP), Mangalore
- Seva Sangama, Gulbarga
- Shimoga Multipurpose Social Service Society (SMSSS), Shimoga





**Vision**: Formation of just human society based on Justice, Peace and Love

Mission: Restoring dignity of the poor and the marginalised through empowerment process

**Goal**: Integrated human development

### **ONGOING ACTIVITIES**

> Empowerment of Socio-Economically Poor and Disadvantaged Women.

- > Building Sustainable Community Resilience to HIV/AIDS which envisages a society free of myths associated with HIV AIDS and awareness pertaining to the disease.
- ASTITVA Livelihood and Empowerment of Elderly which aims in restoring the dignity of the elderly by formation of Elderly self-help groups and empowering them for small income generation activity.
- Animation, Organization and Empowerment of high risk poor Urban Slum Dwellers school drop outs, construction / domestic workers, women and children by formation of community groups.
- > CHILDLINE 1098 (24 x 7 contact centre) as Collaborative organization for Childline India Foundation (CIF) under the Aegis of Dept. of Women and Child Welfare, Govt. of India.
- > Ujjivana Livelihood project aims at multi cropping farming and organic farming. The farmers are formed in groups and are being linked to various entitlements.
- Escape from Marriage to Childhood (EMC) tackles the ever-growing menace of child marriage. The children are formed into parliaments and people are sensitized on ill effects of children's marriage.
- > Sustainability through Participation, Empowerment and Decentralization is a community development program aimed at overall rural development from drinking water to free and fair school participation to advocacy.
- > Paustik at Bagalkot district tackles malnutrition among children, pregnant and lactating mothers.
- > Empowering the Women and Children of Devadasi at Jamkhandi (Bagalkot district) and SC/ST women and children empowerment program.









### "ALONE WE CAN DO SO LITTLE, TOGETHER WE CAN DO SO MUCH"

Tumarikoppa a small village in Kalghatagi taluk of Dharwad district lacked government facilities and people were suffering day in and day out with problems piling but were ignored as their voice could not reach the authorities.

BDSSS under its integrated rural development approach started organizing people in Groups by forming Self Help Groups, Children's' forum, Women's Federation, ward level Citizen Forums and adolescent girls' group and conducted several sensitization programmes, Rights Based Trainings and meetings, stirring the people to raise their voice against their plight. This led to a people's movement

As empowerment process grew, the people started to compel the local leaders and Government Officials to solve their problems or be ready to face their opposition by way of rally and protests. Individual fingers turned into mighty fists. As a result schemes and benefits like Housing, Sanitation and Road development started trickling in but most importantly the perennial Drinking water issue was solved.

Though the community as a whole put its best foot forward, they were still afflicted with the problem of electric power which was so erratic that household work suffered, pumping water for agricultural purpose was totally ruled out and above all the school children's education was at risk. The electricity problem made Anugraha Women Federation members ponder on how best they could use their strength to pressurize the authorities. The federation members staged a protest in front of the electric supply office and the locals joined with them for a collective protest on their right for proper and continuous electric supply. This was followed with submission of a memorandum to the Karnataka Electricity Board Officials, MLA and other Local Leaders. Though the community joined hands to put in this tremendous effort, no solution was in sight.

This led to agitated community summoning the MLA's Personal Assistant to Tumarikoppa and confronting him. A call for an inexorable protest was incepted. Within eight hours of the final call from the people of Tumarikoppa, the government bowed down and fixed a new transformer. Today, the people are availing 24 hour Electricity which was unknown to them, courtesy their own fright and the ignorance of their own valor. The school children are in particular extremely delighted as they have uninterrupted power supply that has made life a little easy for them. Like the saying united we stand and divided we fall, the people of Tumarikoppa have shown the wonders that can happen through collective bargaining.





### 2. CHIKMAGALUR MULTIPURPOSE SOCIAL SERVICE SOCIETY (CMSSS), HASSAN

Established in 1963 and registered under Karnataka Societies Registration Act 1960 vide No. 26/78 dated 08.07.1978. CMSSS is operating in 14 taluks of 2 Districts of Hassan and Chikmagalur covering 549 villages of 147 Gram Panchayats.

Vision

: A Society living in harmony with God, neighbours and nature, based on the values of love, peace, justice and equality.

**Mission**: Empowering the marginalized and the exploited to restore their human dignity through a process of organizing, animation and right based actions leading to holistic development.

CMSSS work with socially and economically poor and marginalized in particular women, children, youth, men-for example-plantation workers, unorganized and daily labourers, person with disabilities, providing entrepreneurial life skills for school dropout youth, small and marginalized farmers and backward classes irrespective of castes and creed. Our programs are Empowerment, Health, Education, Livelihood, Environment and access to basic needs like Food, Clothing and Shelter through a Rights based Approach.

### **ACHIEVEMENTS**

- Formation of 1249 Women SHGs, 50 Men SHGs, 32 Children Groups, 14 Women Taluk Federations, 1 District and 1 mother federation with a total savings Rs.15,04,93,521/- as on 31st March 2016
- Loan availed from Federation and Bank is Rs.5,33,82,395/- and from Women in Micro Enterprises Program is Rs.5,00,10,000/- as on 31<sup>st</sup> march 2016
- 274 SHG women leaders are in politics and 121 women as Leaders in Gram Panchayat.



- People with Disabilities have formed Disabled Co operative Society at Konanur and the Government has provided Rs.1,27,500.00 as seed money and Rs.2,17,25,200/- has been mobilized through different Government schemes.
- > A total of 196 children from different economic group, caste and religion are supported for the education.
- > 156 economically poor and less privileged rural youth were supported financially for various technically and job oriented courses and higher education.
- Presently 231 families are receiving regularly monthly support and services to start various IGP activities which will sustain their families.
- Constructed 130 eco-friendly Sarala Cooking stoves which consume less firewood.
- ➤ Distributed 400 Solar Lanterns to the poor families.





### LOBBYING CAN SERVE A USEFUL PURPOSE - INITIATIVES OF WDC & ITS IMPACT

The Government Hospital at Kadur Taluk has good infrastructure but due to meagre basic facilities, the people faced problem of lack of doctors, diagnostic facilities, medicines, hygiene, etc.

In the month of March 2015 a boy aged 12 years who suffered a snake bite was brought to the hospital but could not be provided timely treatment due to lack of doctor on duty and had to be shifted to Shimoga which is 40 kms away but unfortunately the boy breathed his last on the way. The Women Development Council members came to know about the incident and were shocked as they knew about the problems faced by the people of the area. The WDC members discussed the problems during the CMSSS SHG / Okkutta meetings and they organized a protest rally against the hospital and prepared a representation to be submitted to the concerned authorities. On 19-05-2015 they conducted the rally from the Church campus to the Hospital by chanting slogans against the



hospital authorities and submitted the representation to the Taluk Medical Officer, Dr. Parappa and demanded that the matter be set right within a month's time or else they would protest again in larger numbers through a network of groups.

The WDCs members demanded an acknowledgment for their representation and got it. To their surprise the irregularities in the hospital were set right within one month's time and the newly appointed doctors' list was displayed in the Hospital. This protest rally gave a good message to the hospital authorities as well as the people of the area. The good work of the WDC and the SHG / Okkutta Members was appreciated by the community.





Bangalore Multi-purpose Social Service Society (BMSSS) is the official social service wing of the Archdiocese of Bangalore. It was established on October 7<sup>th</sup>, 1969 under Karnataka Registration of Societies' Act 1960 - Reg. No. 117/69–70.

**Vision** : A society of justice, peace and love.

**Mission**: To progress by ensuring human dignity of the poor and the marginalized through empowerment.

BMSSS has undertaken a number of development projects and welfare programmes for the marginalized women, children, youth, farmers, people living with HIV/AIDS and Disabilities, assisted by generous donors to bring about social, economic, political and cultural transformation into the lives of downtrodden section of our society.

### **ONGOING ACTIVITIES**

- > Women Empowerment Programme in collaboration with KROSS
- > STEP (SUPPORTTO TRAINING AND EMPLOYMENT PROGRAMME FOR WOMEN Ministry of Women & Child Development) in collaboration with KROSS
- BMSSS in collaboration with Kolping India, Chennai implemented Housing, Sanitation & Income Generating Schemes in Bangalore, KGF and Tumkur
- > Program for the improvement of mental health of youth in Schools and Colleges in collaboration Kindermissionswerk, Germany
- > Poverty Alleviation through Micro Enterprises in collaboration with SAMRUDI
- Justice, Peace & SC/ST Commission (JPDC) Bangalore Archdiocese of Bangalore
- > Job Oriented Skill training for marginalized Dropout and Unemployed Youth, in collaboration with Functional Vocational Training and Research Society.
- > Holistic Education Programme for Rural Children through evening tuition in collaboration with ASHA
- > Job–Oriented Skill Training for 135 Unskilled Dropout and Unemployed youth in collaboration with ASHA
- Promotion of Entrepreneurship among Economically Disadvantaged Women in KGF









### 4. JYOTHIR VIKASA SOCIAL SERVICE SOCIETY (JVSSS), MANDYA

Vision

: An integrally developed society, where peace, justice, harmony, equality and equity flourish and protected.

Mission

: To enhance the human dignity through a process of empowerment of the resource-poor and marginalized, with special focus on women and children, disabled, farmers and indigenous people, by ensuring civil rights and ecological justice.

### **MAIN ACTIVITIES**

- > Human Resource Development and Capacity enhancement programs for the rural people.
- > Women empowerment through Self Help Groups and community organizations
- > Community health programs
- > Prevention of HIV/AIDS and care and support for the infected and affected.
- > Promotion of livelihood opportunities for the poor and marginalized.
- Micro Finance programs through SHGs.
- > Education promotion and support to children in distress
- > Promotion of Good Governance.

### **PROJECTS**

- > Project for Empowerment of poor and disadvantaged women( Undertaken with technical and financial support from KROSS, Bangalore)
- > Project for prevention of HIV/AIDS and care and support for the PLHIVs (Undertaken with support from CNEWA, Cochin)
- Enhancing Health and Sanitation standards of villages (Undertaken with financial support from CARITAS INDIA, New Delhi)
- > Self Help Group promotion and support: Formed and trained over 110 SHGs in Mandya. Savings, credit and micro finance activities are supported and promoted.





# 5

### 5. KARNATAKA INTEGRATED DEVELPOMENT SOCIETY (KIDS), PUTTUR

Karnataka Integrated Development Society (KIDS) is AN ISO 9001:2008 certified non governmental organization and social service wing of the Malankara Catholic Diocese of Puttur catering the needs of poor and deprived. It works in four (04) districts covering 06 taluks, 42 villages and 14 Municipal wards. It is one of the emerging organizations in South India working for community development especially for the upliftment of underprivileged sections of society namely marginalized farmer, women, children, SC, ST and PWDs since 1979.

**Vision**: "An integrally developed, just, peaceful and egalitarian society"

**Mission**: "Restoration of the dignity of marginalized section of the society by facilitating for the legitimate rights of the people"

### **ONGOING ACTIVITIES**

- > Deendayal Upadhyaya Grameen Kaushalya Yojana Skilling Rural Youth.
- Missing Child Bureau A cell operated from the Superintendent of Police Office for tracing missing children.
- Financial inclusion With support of NABFINS Rupees Three Crore mobilized and more than 100 SHGs linked for financial inclusion.
- Women Empowerment Program with support of KROSS & Misereor.
- > Sarvodaya Special School for Cerebral Palsy, Mental Retardation and Autistic children.
- Farmers Producers Organization with the support of NABARD three Farmers Producers Organizations (FPOs) established.
- > Farmers clubs are established with the support of NABARD.
- Formation of SHGs, Balajyothi groups (children group), groups of senior citizens' groups, organic groups and pwd groups
- > Insurance The stake holders of KIDS linked with National Insurance Company, DHS and LIC.
- > SPED III a systematic process of capacity development of people to address their poverty related issues.
- > Special project Nellyadi village is being created as model village for waste management.
- ➤ Renewable Energy Option 200 Solar Lanterns supplied and 300 Sarala Cooking Stoves constructed with support of KROSS & Manos Unidas.
- > With support of NABCONS (subsidiary of NABARD) two major studies undertaken on Sthreeshakthi Groups & Farmers' Clubs.
- Axkshya with support of CHAI, Hyderabad a T.B. control program initiated for HIV patients.
- > Sugrama project Holistic Development of Marginalized People where by reducing health issues and increased income and empowerment.
- ➤ Natural Resource Management (N.R.M.) Trainings and demonstrations on water conservation, waste management, pipe composting, well recharge / vermi compost/organic farming and kitchen garden are conducted.
- Skill Trainings & Lively hood initiatives/IGPs community trained and motivated to start various types of IGPs.



### 6. MALNAD SOCIAL SERVICE SOCIETY (MSSS), BHADRAVATHY

Malnad Social Service Society (MSSS) is the official organization for social concern and development of Syro-Malabar Diocese of Bhadravathi. It is registered under Government of Karnataka Society Registration Act 1960, vide No.219/SOR/SMG/90-91. The operational area of MSSS covers two civil districts of Karnataka, Shimoga and Chikamagalur.

MSSS began its social work in a charity mode and gradually shifted to welfare and developmental modes. At present MSSS is focusing on education, health and human development activities including empowerment of rural poor, through the process of sensitization, capacity building, training and exposure with an integrated, need based and right based approaches. MSSS gives importance to sustainable livelihood development of the rural families and caters the needs of the people living with HIV/AIDS.

**Mission**: To have life, life in its fullness

**Vision**: A Society living in Dignity, Love, Truth, Justice and Happiness

**Goal**: Integral development of all sections of people especially the poor and the marginalized

### **ONGOING PROJECTS**



### "Abandonment is a wound that never heals"

In the month of September 2015, our ChildLine received a phone call informing that a newborn boy is found abandoned in front of a temple near Government Hospital Sagara. The ChildLine team rushed to the spot and rescued the baby who was packed in a plastic carry bag. The condition of the baby was very pitiful as it was lying exposed to cold weather existing due to intermittent rain and the baby was also hungry. The baby was rushed to Shimoga District Medical College Hospital and admitted there for 15 days and the medical team left no stone unturned to nurture the baby back to some modicum of health. After the Hospital permitted to shift the baby, it was produced before the Child Welfare Committee (CWC). The CWC after being satisfied of the baby's health parameters ordered that the baby be shifted to the adoption center-Udupi.



# 7. SAMPADA, UDUPI

**Vision**: "A society with justice, peace and ecological harmony"

**Mission**: "Facilitating the most marginalized and vulnerable communities to live with human dignity enjoy rights and entitlements through a process of inclusion, organization, empowerment,

networking, advocacy and restoration of ecological order."

### GOAL

- > 20% of the families in Karkala and Udupi talukas adopt rain water harvesting and green belt through afforestation by the year 2019.
- > 250 families in Udupi and Kundapura talukas adopt mangrove forest and green belt to minimize the effect of soil and sea erosion by the year 2019.
- > 50% of villages have live in communal peace and harmony by the year 2019.
- > Rights and entitlements of the unorganized sector in the wards and municipalities of Udupi district are ensured by networking and advocacy by the year 2019
- > To make the unemployed youth who are moving out of the state or country aware of their duties, rights and entitlement by the year 2019.



### **ONGOING ACTIVITIES**

### **EDUCATIONAL**

- Parents/Guardians are provided inputs on Integrated Child Development Program and Children are provided benefits under ICDP.
- Selection and Training Children for Competitive examination with collaboration of Supatha and actively participate in Career Advancement Program of KROSS.
- Established Education Fund to help financially to poor students.
- > Working with EDUCARE program of CODP, Mangalore.

### **ECOLOGICAL**

- > Rain water harvesting program throughout the Diocese.
- Availing Government grants for rain water harvesting to the people.
- > Women of SHGs have a motto 'each family will have vegetable, fruit and herbal garden'.

### **WOMEN EMPOWERMENT**

- Started 420 women SHGs, and also started 25 Maha-sanghas.
- > Help women to avail all possible Government Schemes for them and their Children.
- > Regular training to Catholic Women Members of Gram Panchayath on PRI.

### CHARITY

Established Medical Aid and General Charity Funds









### 8. THE DAKSHINA KANNADA RURAL DEVELOPMENT SOCIETY (DKRDS), BELTHANGADY

**Vision** : A Just society based on love, equality and human dignity

**Mission**: Empowerment of poor and marginalized by restoring the human dignity

### MAJOR ACTIVITIES

Formed 218 Women Self Help Groups with 2389 members, 20 Grassroots Federations, 32 Farmers Club and Groups of HIV/AIDS infected & affected.

> 456 children were provided education scholarship from Bread Noida, Veronica Welfare Association and Joseph Chandy Scholarship Program.

- > 4 Medical Camps of Eye, Heart, Dental conducted and 812 people benefited
- > 388 people renewed their Swavalamban Pension Plan of Govt of India
- > 95 Women members received a loan of Rs.14,25,000/- from SAMRUDI, Bangalore and initiated different Micro Enterprises.
- > 194 new families with 641 members have enrolled under Navajeevana Mediclaim facility of National Insurance company and 63 beneficiaries have availed benefits
- > 7 HIV/AIDS Awareness program was conducted for High School and College students and for General Public.
- Every month an average of 30 to 40 CLHIVs are receiving nutrition with the support of Thulukootta Kuwait
- > Conducting support group meeting for PLHIVs every month and average 40 to 50 members gather together receive medical and psycho social support
- > 126 families received monthly financial assistance under Family Development Program
- > Started Tailoring training Center at Nettana and Gundya and 31 women are getting trained.
- Organized Swacha Bharath Abhiyana with the support of Grama Panchayath in five villages and 153 waste disposal buckets are distributed to shops.
- > International Women's Day was celebrated in three villages with training programe.
- > 100 members received Cooking stove and 200 members received Solar lantern supported by Manos Unidas
- International Human Rights day was celebrated with rally and convention at District level under the leadership of Bhandavya district network of likeminded NGOs and 154 representatives participated.
- > 23 Awareness programme on TB was conducted and 1348 people are aware of DOTS
- > Peace Walk was organized at Belthangady town in collaboration with Sawharda Vedike
- > 12 bus stands were painted with the slogan 'Namma Grama Swach Grama'
- Model Solid Waste disposal Unit was created in three schools of Puttur and Sullia taluks.
- > Subsidy was provided for 30 toilets in project area.





### 9. KARWAR DIOCESAN DEVELOPMENT COUNCIL (KDDC), KARWAR

**Karwar Diocesan Development Council (KDDC)** is the official organ of Diocese of Karwar to carry out the socio-economic development of the people of Uttar Kannada District, Karnataka State, irrespective of caste, creed or community through integrated development of the marginalized. It was set up on 2nd February 1978 and is registered under Karnataka Societies Registration Act of 1960.

**Vision** : A society of justice, peace and love, living in harmony with nature

Mission: Restoring dignity of the poor and the marginalized and nature through Right Based

Approach and promotion of eco-friendly practices.

**Goal** : Establishing a society of socio-economic stability with rights based approach.

### **ONGOING ACTIVITIES**

> Awareness on health and hygiene & Health Checkup camps.

Awareness on HIV / AIDS and Care and support to HIV Infected/affected

> Leadership Development

Personality Development

> Total Quality Management

> Time Management

> Sanitation facilities to women, smokeless ovens etc.

Housing facilities

Empowerment of Women through formation of Self Help Groups

> Self Governance through Panchayat Raj Training

 Child Development through sponsorship programme, tuition centers, Balwadies and Creche

Basic human needs etc.

> Rural infrastructure development

> Empowerment of the differently abled people

> Empowerment of Senior citizens

Tree Plantation/Vanamahotsava

> Natural Resource management

> Entrepreneurship Development

> Skill Development

> Income Generation

> Rescue, relief and rehabilitation of victims of natural calamities

### INSTITUTIONS

- ASHA KIRAN RURAL INDUSTRIAL TRAINING INSTITUTE imparts quality technical education in the trades of Fitter, Electrician and Welder for economically backward youth of the district. Every year nearly 100 youth pass out of the institute equipped with skills to stand on their own legs and support their families and the society at large.
- ASHA NIKETAN RESIDENTIAL SCHOOL for the Hearing Impaired has been established for the rehabilitation, care and upbringing of the deafmute children. The school educates and trains children from the age of 3 to 18 years, irrespective of caste and creed, so as to prevent them from being marginalized but make them useful and productive members of the society.











### 10. ORGANIZATION FOR THE DEVELOPMENT OF PEOPLE (ODP), MYSURU

**Vision** : A Society of Love, Peace and Justice

Mission: Empower the marginalized to have legitimate rights along with change in unhealthy

attitudes and value systems through a process of capacity building, networking, advocacy

and rights based actions.

**Goal**: Integrated Human Development.

### ONGOING ACTIVITIES

> The Women Empowerment Program, under the umbrella of the Mahilodaya Federation - supporting 39662 women through 2199 SHGs.

- > The Farmers' Federation "Grama Vikasa SwaSahaya Sanghagala Maha Okkuta" has 289 groups with 4699 members motivating farmers to take up agriculture and allied issues
- Under the Childline Mysuru project, 1167 calls were received in which 715 were intervened. Recognizing the capabilities of ODP, it was selected to take up the Childline project in Chamarajanagar district.
- > Under 10 ongoing watershed projects in Chamarajanagar district, numerous soil and water conservation measures adopted. In addition, 64,928 saplings were planted..
- Alternative Renewable Energy Project 42 bio gas plants were constructed and 107 members received a subsidy of Rs.13,67,800/-, 200 solar lanterns, 50 Home Light Systems, 74 solar lanterns and 2 home light systems were set up.
- > 2,719 SHG members availed loans for taking up various Income Generation Programs.
- > 656 toilets and 82 water point facilities were set up under the Water and Sanitation project.
- > 62,790 books, uniforms and pinafores were provided to schools, college labs and factories by the Book Making and Tailoring units.
- > 8 groups of volunteers from Raleigh International UK, stayed in villages for 90 days and learnt about Water, Sanitation, the Indian situation and Indian culture. They conducted various programs in villages and constructed 24 toilets for needy beneficiaries.
- > 71 students from various colleges visited ODP for block and field placement. 6 groups visited ODP for Orientation and exposure to development activities. 14 orientations were conducted for 229 students. 6 trainings were held for other organizations.









### 11. BELLARY DIOCESE DEVELOPMENT SOCIETY (BDDS), BALLARI

**Vision**: To usher in a Social order of Justice, Peace and Love.

**Mission**: To promote human dignity to the marginalized, especially the Dalits, women and children

through a process of Empowerment and Rights based approach.

Goal : Integrated development through empowerment of the community by Rights based

approach.

Bellary Diocese Development Society (BDDS) established in 1985, is the official organization of the Diocese of Bellary for promoting Social development in three civil districts of Bellary, Raichur and Koppal in Karnataka region under the patronage of the diocesan Bishop. BDDS has taken long strides in the empowerment and integral development of the marginalized and underprivileged people, particularly the Dalits, women and children.

BDDS follows 'programme-to-movement' approach in training, capacity building, human resource and sustainable development activities. BDDS believes in linkages and networks for learning and co-operation in social action. BDDS has focused its interventions in the fields of Promotion of Women Empowerment, Mother & Child health, Rehabilitations of Child labour, HIV/AIDS-Awareness, Care & Support, Natural resource management, Drought mitigation, Disaster management, Alleviation of poverty and Promotion of education.

In the past 31 years of its journey, it has served the community through variety of programs / projects, which are: Food for work, School Children Feeding, Boarding home children feeding, Aged and Infirmities feeding, Mother and Child Health services, Women Empowerment, Rehabilitation of Child labour, Micro projects, Drought Relief Programmes, HIV/AIDS- Awareness, Care & Support programme, Watershed / NRM programmes, Integrated Development through Empowering Actions (IDEA), Housing for Flood victims, Skill training to rural unemployed youth, Promotion of Micro Enterprises to women, Income Generation Program to People living with HIV/AIDS, Drinking water through Rain Water Harvesting, Better health services by upgradation of health centres, Basic amenities to T.B. Sanatorium, Bellary, Promotion of sanitation, Drinking water to village communities, Promotion of Renewable energy options, Emergency Flood & Fire Relief, Assistance to poor for Medical, Educational and House repair, Scholarship, Tsunami Relief Fund, Medical camp for physically challenged people, Career Advancement programmes, Tuition centres to potential drop-outs in the villages, Honorary services to poor & marginalized in Bellary city.

Presently BDDS is extending its services through the Women Empowerment program, PAUSTIK-Malnutrition mitigation program, Childline services, Child labour school, Skill training to rural unemployed youth, UJJIVANA program and it is also working with other organisations to reach out the needy and poor.







### 12. THE CANARA ORGANIZATION FOR DEVELOPMENT & PEACE (CODP), MANGALURU

The Canara Organization for Development & Peace (CODP) is one of the pioneer institutions in the field of development in the Diocese of Mangalore and is registered on 16th April 1974. It functions through parishes, institutions, active voluntary organizations and even individuals in Dakshina Kannada, Karnataka and Kasargod Taluk of Kerala State. All its projects & plans, awareness & education, methods & strategies are ultimately directed to benefit the people irrespective of religion, caste or creed.

CODP has carried out numerous projects targeted at empowering the weaker sections of society with special focus on women & children. The Self Help Groups formed are empowered and equipped to be self-reliant, dignified, just and equitable in social, cultural, economic, political and spiritual spheres. The youth who are the backbone of the society are motivated for a secure future through education and career guidance. CODP has also been forging ahead in promoting health, protecting rights of the unorganized sectors, establishing harmony among people and conserving natural resources for a sustainable environment. Keeping up with the changing trends in developmental thinking, CODP has progressed from charity to empowerment and for the past few years has integrated the rights based approach in its projects.

**Goal** : Establishment of a Just & Peaceful Society

**Vision** : A Society of Justice, Peace and Love where people live with dignity and in communion with Self, Neighbour, Cosmos and God.

**Mission**: Restoration of human dignity to the poor, the marginalized and the deprived through the process of empowerment and by promoting sustainable environment.

### ONGOING PROJECTS

- Women Empowerment Programme: Misereor, Germany through KROSS, Bengaluru
- Enhancing the quality of life of endosulfan victims through relief and rehabilitation measures: Caritas India, NewDelhi
- Promoting peace and justice in Bantwal: Manos Unidas, Spain
- > Social security measures schemes and benefits instituted by State Government tapped for the weaker sections
- Child sponsorship programme and Education assistance for higher studies
- Career Advancement and Youth Empowerment Training
- RUSEMP Community College, Pakshikere An initiative of the CODP and Andheri Hilfe, Germany started in 1982 Imparts training and skill up-gradation to school drop-out rural youth.
- ► Health Poor Patients Fund supported by Mangalore Konkans Dubai.
- Food security and livelihood improvement: Andheri-Hilfe, Germany
- Mitigation of scarcity of water through NRM Caritas India
- > Hunger march assistance grants provided for the purpose of digging wells or for repair/reconstruction.









Seva Sangama Development Society was established at Gulbarga in the year 2006 as a response to problems of the marginalized and backward sections of the community and is registered vide No.442:06-07 under the Societies Act, 1960. Seva Sangama and ORBIT has been implementing various developmental programs aiming at the development of the poor and the marginalized, especially the Dalits. It works in collaboration with like-minded NGOs, Govt. Institutions etc.

**Vision**: A transformed society based on Equality, Justice and Love.

**Mission**: To facilitate the empowerment of most marginalized through participatory development, capacity building and rights based actions leading to self-reliance and social dignity.

### **OBJECTIVES**

- > To integrally develop the poor, the marginalized and the disadvantaged
- ➤ To capacitate the community (mainly women) through training and exposure.
- > To promote community based organizations to become partners of change in development
- > To empower marginalized children through integrated education in order to uphold their rights to education and stop child labor.
- To revive the traditional sustainable agriculture practices those enhance the natural recourses among the rural agricultural farming community.

### **ONGOING PROJECTS**

- Women Empowerment Program Federating the women and creating a platform to enable the women to highlight their grievances and seek redressal.
- ➤ Women in Micro Enterprises Alleviation of Poverty through Income Generating Activity
- Community Based Rehabilitation Foundation-To create a healthy acceptable friendly environment for the normal upbringing of every disabled child
- > Paustik To demonstrate sustainable approaches and strategies to reduce the prevalence of Malnutrition among vulnerable groups.
- Livelihood Creating sustainable livelihood skills and practices.







### 14. SHIMOGA MULTIPURPOSE SOCIAL SERVICE SOCIETY (SMSSS), SHIMOGA.

The Shimoga Multipurpose Social Service Society (SMSSS) is the 'Development' arm of the Diocese of Shimoga, Karnataka. It is committed to influence positive change in the lives of the people of the Diocese. It has been engaged in various developmental programs in the Diocese ever since it came into existence in 1989. The Diocese of Shimoga comprises three civil districts namely, Shimoga, Davangere and Chitradurga. SMSSS caters to the needs of the poor and marginalized of the Diocese irrespective of caste, creed and race, through various developmental interventions in more than 605 villages of the above three districts.

The Organization is a secular, voluntary and Non-Profit organization registered under the Karnataka Societies Registration Act 1960; vide Reg. No. 46/SOR/SMG/89-90 dated 14th August 1989. It is also registered under the Foreign Contribution (Regulation) Act, 1986 vide registration No. 094620024 dated 3rd April 1998. It has been recognised under Section 12 'A' and 80 'G' of Income Tax Act, 1961.

**Vision** : A Society based on Justice, Peace and Love

**Mission**: Empowering the poor and the marginalized through the process of capacity building and rights based actions.

**Goal** : Marginalized communities will have access and control over knowledge, resources and decision making for their integral and sustainable development.

### TARGET GROUPS

- 1. Small and marginal farmers
- 3. Marginalized women
- 5. Unemployed youth

- 2. People living with HIV/AIDS
- 4. Children and their parents
- 6. Unorganized laborers, etc.

### SMSSS IMPLEMENTS THE DEVELOPMENT PROGRAMS UNDER SIX DEPARTMENTS

- 1. Women Empowerment.
- 3. Natural Resource Management
- 5. Health and Development

- 2. Education and Development
- 4. Good Governance
- 6. Capacity Building

### SPECIAL PROJECT UNDERTAKEN

SMSSS celebrated its silver jubilee during 2015 and in commemoration a housing project was initiated to help the poor families who did not have any shelter. 94 beneficiaries were selected out of which 84 beneficiaries began construction and 54 completed the construction and have moved into their own homes.





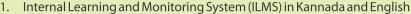


### **SOME OF OUR PUBLICATIONS**



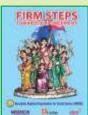






- Educational/Training Material (in Kannada).

- 6. Swattu Savalattu (ಸ್ವತ್ತು ಸವಲತ್ತು) a book on Government Schemes.
- A Brochure on ill-effects of Feticide and Infanticide of Girl Child in Kannada.
- Nation building Booklet.
- 9. Alegalu Quarterly News letter.
- 12. Tilikali (ತಿಳಿ ಕಲಿ)- a book on Various Scholarships and Career Options for
- 13. Brochures on programmes of Government RTI, MGNREGA, Nirmala Bharat Abhiyan-Total Sanitation Campaign, Gramasabha /Wardsabha, Social Audit
- 16. Hakku Dikku Booklet on Social Legislation.





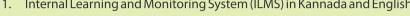


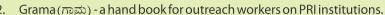


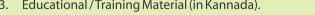






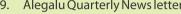




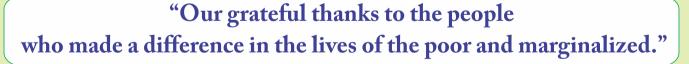


- 4. Good Governance Training Module for Trainers (Kannada and English).
- 5. Minorities in Karnataka and their Rights in Kannada.

- Career Advancement Programme Brochure on Value based leadership for



- 10. Child Rights, Pamphlet and Posters, Book in Kannada.
- 11. A compendium of 1000 NGOs and Resource Persons in Karnataka.
- students.
- 14. Panchayathi Rajya Booklet on Panchayat Raj in Kannada.
- 15. Manini Schemes for Women and Girls.



### We acknowledge our sincere thanks to:

Most Rev. Dr. Bernard Moras, Archbishop of Bengaluru & Chairman, KRCBC Rt. Rev. Dr. Gerald Issac Lobo, Bishop of Udupi & President, KROSS Rt. Rev. Dr. Thomas Vazhapilly, Bishop of Mysuru & Vice-President, KROSS All the Bishops of Karnataka

All the Donors

Central and State Govt. Departments Members of General Body & Governing Board - KROSS All the Diocesan Social Work Directors and Programme Staff All well Wishers



# Audited Statement of Accounts for FY 2015-2016

KARNATAKA REGIONAL ORGANISATION FOR SOCIAL SERVICE ( KROSS) # 58%, P.B.No.9427, 2ND CROSS, Da COSTA LAVOUT, WHEELER ROAD EAR, BANGALORI INCOME & EXPENDITÜRE ACCOUNT FOR THE YEAR ENDED JIST MARCH 1816

F.C. LOCAL Amount(3)	10 2.86.482.50 1,15,992.60 4,02,144.50 11 64,70,673.23 64,70,675.23 19,716.00	10 Car 20
Income	Interest Income Contrabultors TDS refund	Total

Expenditure		2530	LOCAL	Amount (7)
Maimenunce of Tacilities			25,97,905.70	25,93,905,70
Charity			71,869,00	71,869.00
Travelling-Fundratsing Expenses	_	114	2,38,944,00	2.38,944.00
Travelling Expenses of the Staff			1,68,855,60	1,68,855,60
Bank Charges		4	2,354,30	2.184.30
Centuity		240	1,25,843.00	1,25,343.00
Gross Staff Health Insurance		29,151,00	33,315,00	62,466,00
Building Repairs & Office Maintenance		55,943.78	8,44,070.15	9,00,013,93
Vehicle Maintenance			28,100,00	38,100,00
Interest on Back Loan		i i	1,26,024,00	1,26,024,00
Miscellangios Expenses		1,835,00	18,372,00	17,207.00
Staff benefit		18,000.00	2,53,801,00	2,71,801.00
Pholessional fees		0.00	10,000,00	00,000,01
Books and periodicals			14,700.00	14,700.00
Programme Expenses		i	27,947,00	27,947.00
Printing & Stationary			1,21,616,00	1,21,616.00
Deprociation		12,60,036,61	27,45,145.20	40,05,383.94
Amount transferred from Specified Grams	결			6,25,911,74
The state of the s		15,521,022,04	10,070,000	100000
Total	+	13,64,966.42	74,21,862.04	

Excess of Expenditury Over Income

HEV, FICHASTY ANY (SERASTIAN) FERNANDES PLACE: BANGALORE である DATE: 09/08/2016 SECRETARY - KROSS

PER OUR REPORT OF EVEN DATE CHARTERED ACCOUNTANTS For PHILLIPOS & Co. Firm Reg No. 002650 S

M.No 027621 PARTNER B. ISSAC

KARNATAKA REGIONAL ORGANISATION FOR SOCIAL SERVICE (KROSS) # SUM, P.B.No.8427, 2ND CROSS, 2ND CROSS, Da,COSTA.LAYOUT, WHEELER ROAD Extr., BANGALORE - 560 084 BALANCE SHEET AS AT 31ST MARCH 2016

PARTICULARS	SCH	Amount (2)
L LIABILITYES  1. Captual Fund  2. Corpus Fund  3. Specified And Restricted Grants  4. Loan from Bank  5. Current Liabilities	- N H # N	3,38,12,191.04 9,02,639.70 1,25,00,988.04 50,422.00
Total		4,72,66,240,78
H. ASSETS J. Freed Assets 2 Current Assets 3 Fixed Deposits 4 Cash & Bank Balances	v ⊩ ∞ ∞	1,68,65,921,43 1,76,750,00 91,62,50,00 10,61,069,35
Total		4.72.66.740.78

PLACE: BANGALORE

DATE: 09/08/2016

CHARTERED ACCOUNTANTS

C. Firm Reg No. 002650 S

PER OUR REPORT OF EVEN DATE

For PHILLIPOS & Co.

B. ISSAC

MLNo 027621 PARTNER

REV, FR. BASTYANY (SEBASTIAN) FERNANDES

からる

SECRETARY - KROSS



### **OUR THANKS TO OUR DONORS & COLLABORATORS**

### **NATIONAL**



Women and Child Welfare Dept Government of Karnataka & Government of India



Caritas India, New Delhi

### INTERNATIONAL



B.H. Misereor – Germany



Missio, Aachen



Conferenza Episcopale Italiana



Manos Unidas, Madrid



Missio, Malta



Pontificium Opus A Propagatione Fidei, Roma



Conferencia Episcopal Española



### **SUPPORT US**

**Mitigating Malnourishment & No to Child Labour:** KROSS to extend support to 5000 children, by promoting child rights and access to quality education and eradicate malnourishment.

**Care and support towards victims of HIV/AIDS:** KROSS to extend support to an addition of 5,000 people living with HIV/AIDS through community care and support and build and strengthen their networks.

**Training of value based leaders:** KROSS to inform and train at least 3000 youth as value based leaders by next 3 years.

**Good governance at the grassroots:** KROSS plans to promote good governance and prepare 30 model gram panchayats.

**Poverty alleviation through micro enterprises:** KROSS plans to extend support to an addition of 10000 poor families from the rural communities for a sustainable income and livelihood security.

**Environmental sustainability:** KROSS along with the partners wants to plant 100,000 bio-diverse saplings to ensure environmental sustainability and promote renewable energy sources for rural poor house holds.

KROSS intends to implement the above through its 14 partner Organisations

All Donations to KROSS are Tax exempted under 12A and 80G of Income Tax Act 1961.



# Karnataka Regional Organization for Social Service (KROSS)

P. Box No. 8427, No. 58/6, 2nd Cross, Da Costa Layout, Bengaluru – 560084. Karnataka, India. Phone: 080- 25496812/13 E-mail: krossdir@gmail.com, Website:www.krossbangalore.com, www.krossbangalore.org